

VERATEX INCORPORATED

168 MADISON AVENUE, NEW YORK, N. Y. 10016 • 683-9300

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Dear Claude,

I just graduated from Erhard Seminar Training on Sunday the 16th. Very amazing training, the trainer is a Yale graduate and received his masters from Harvard. EST proposes that the modern technological man is totally caught in continuous cycle called patterns. These patterns decide everything for us such as the on-off switches in a computer. We have problems because we naturally seek them and though we grope and complain of them our inner struggle is to keep them at all costs. Reality is physical, if an emotion does not proprot a physical reaction it is not real. They teach you to get in touch with your inner self and claim that through the 7 processes of space, you will achieve self awareness. Mans total quest in life is survival therefore though he may lose an arguement or a physical struggle such as a fight or a marital affair he doesn't lose. He wins, life is a struggle to survive. Domination/submission-one submits to seek sympathy therefore winning.

The idea of EST was created by Werner Erhard, the training follows his context to the letter.

They keep 259 trainees in a ballroom such at the one at the Statler Hilton on 7th Ave, there were 3 locations. Allowing for a maximum of one meal break and two lavatory breaks. You sign a contract stating that you will not leave your seat for any reason whatsoever except during the allowed breaks. If you do leave your seat, you are ejected from the training losing your \$300.00 for the cost. It sounds harsh but it seemed to work very well. Though I have a welt on my ass. Can you imagine np rules to keep 250 people in a room while your going through a share process whereby you tell of your hidden most anzieities and fears. It gets very uncomfortable to say the least. Also the trainer Landon Carter guides us through the pitfalls of self discovery. He has trained over 55,000 people and recieves 8,000 dollars for two weekends ~~fx~~ of training. 18 hours aday.

You can imagine the energy in the room. When we started he asked for a show of hands in the various professions. Twenty five people with PHD's, twelve lawyers, six dentists, two doctors of medicine, eight professors, etc.

Got to go
Now!
Love Johnny