

## Cooking

# Smashed Cucumbers With Lime Yogurt, Spicy Honey and Breadstick Croutons

(/recipes/1017630-smashed-cucumbers-with-lime-yogurt-spicy-honey-and-breadstick-cROUTONS)

By Julia Moskin | Time: 45 minutes | Yield: 4 to 6 servings

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### Ingredients

#### FOR THE SALAD:

About 2 pounds thin-skinned cucumbers like English or Persian (8 to 10 mini cucumbers, 4 medium-size or 2 large greenhouse)

Kosher salt

Raw or granulated sugar

½ cup Greek-style plain yogurt

Freshly grated zest and juice of 1 lime

1 tablespoon rice wine vinegar

2 tablespoons extra-virgin olive oil, more for drizzling

¼ teaspoon black pepper, more to taste

4 scallions, minced

#### FOR THE SPICY HONEY AND BREADSTICK CROUTONS (OPTIONAL, FOR GARNISH):

½ teaspoon hot sauce

1 tablespoon honey

¾ cup lightly crushed sesame breadsticks (crush breadsticks in a sealed plastic bag to the size of small croutons)

Olive oil, for drizzling

### Preparation

1. Rinse cucumbers and pat dry. Cut crosswise into pieces about 4 inches long. Cut each piece in half lengthwise.
  2. On a work surface, place a piece of cucumber (or several) cut side down. Lay the blade of a large knife flat on top the cucumber and smash down lightly with your other hand. The skin will begin to crack, the flesh will break down and the seeds will separate. Repeat until the whole piece is smashed. Break or slice diagonally into bite-size pieces, leaving the seeds behind.
  3. Place the cucumber pieces in a strainer and toss with a big pinch of salt and a big pinch of sugar. Place a plastic bag filled with ice on top of the cucumbers to serve as a weight and place the strainer over a bowl. Let drain 15 to 30 minutes on the counter, or in the refrigerator until ready to serve, up to 4 hours.
  4. Make the dressing: In a bowl, mix yogurt, lime zest and juice, vinegar, oil, 1/2 teaspoon salt and the pepper. This mixture should taste fiercely acidic and quite salty; add salt and vinegar as needed. Keep refrigerated.
  5. If making the spicy honey, combine hot sauce and honey in a small bowl and stir well until smooth.
  6. If making the croutons, toast the breadstick pieces in a toaster oven or skillet. Drizzle with olive oil and stir occasionally, until golden and crunchy.
  7. When ready to serve, shake cucumbers well to drain off any remaining liquid and transfer to a bowl. Drizzle lightly with olive oil and toss. Add scallions and half of the dressing and toss gently. Keep adding dressing until cucumbers are well coated but not drowned.
  8. Serve immediately. For each serving, scoop a large spoonful of cucumbers into a bowl, drizzle with spicy honey and sprinkle with a handful of croutons.
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Adapted from Superiority Burger, New York